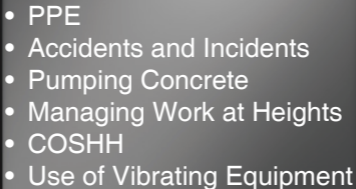




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- 
- PPE
 - Accidents and Incidents
 - Pumping Concrete
 - Managing Work at Heights
 - COSHH
 - Use of Vibrating Equipment

What's your motivation?

- What motivates **YOU** to stay safe and go home each day?
 - Family?
 - Friends?
 - Livelihood?
- Your attitude to safety is up to **YOU**.
- What's your motivation?
- The risks are real: **CONSTRUCT** your **OWN** safety video



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Personal Protection Equipment (PPE)





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PPE

- Wear the right PPE for the job
- Check it doesn't interfere with other PPE
- Know how to wear it properly
- Look after it
- Replace it if it gets damaged

What PPE is required on YOUR site?



If in doubt, ASK.

'What's your motivation?'



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Accidents and Incidents



- You have the power to stop the next accident
- A near miss is a lucky escape
- Report near misses
- Check action is taken
- Think about how things would change



Do you know how to report 'near misses' on YOUR site?

If in doubt, ASK.

'What's your motivation?'



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Pumping Concrete





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Pumping Concrete

- Check and inspect all equipment in the delivery pipeline
- Use clamps and pins
- Remember the danger zone at the discharge end
- Treat pipelines as pressurised at all times
- Follow the correct blockage clearance procedures
- Follow the correct washout process

Keep clear if not trained in pumping concrete operations.

If in doubt, ASK.

‘What’s your motivation?’



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Managing Work at Heights



- Be clear on the safe system of work
- Use equipment as intended
- Do not take a short cut or unnecessary risks
- Report any concerns
- Keep a watch on weather conditions

Look out for your own and the safety of others.

If in doubt, ASK.

‘What’s your motivation?’



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Control of Substances Hazardous to Health (COSHH)





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COSHH

- Be aware of hazardous substances
- Limit exposure
- Follow the instructions you are given
- Wear PPE provided
- Report any concerns



What hazardous substances are there on YOUR site?

If in doubt, ASK.

‘What’s your motivation?’



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Use of Vibrating Equipment



- HAVS = Hand Arm Vibration Syndrome
- HAVS is preventable but once the damage is done, it is permanent. Symptoms include:
 - Numbness and tingling in the fingers
 - Joint pain
 - Reduced blood circulation

What's your limit for using vibrating equipment?

If in doubt, ASK.

'What's your motivation?'